

SUGGESTED USE: FOR OCCASIONAL USE ONLY: 1 pac ket
taken at bedtime with 8 ounces of w ater or as dir ected by a
healthcar e professional.

SHORT-TERM CLEANSING PROGRAM: 1 pac ket with 8
ounces of w ater 3 times dail y for up to 7 da ys or as dir ected by a
healthcar e professional. For best r esults , take 1 pac ket mid-
morning, 1 pac ket mid-afternoon and 1 pac ket at bedtime . Do not
repeat cleansing pr ogram for at least 6 t o 8 weeks . This pr oduct
should be t aken in conjunction with a sensib le diet high in fr esh
fruit and v egetables and 6 ounces of w ater eight times dail y.

CAUTION: Do not excee r ecommended dose . R ead and f ollow
directions car efully. This pr oduct contains cape aloe (Aloe f erox),
cascar a sag rada, and senna lea ves. This pr oduct should be consumed
with at least a full glass of liquid. C onsuming this pr oduct without enough
liquid may cause chok ing . Do not consume this pr oduct if you have
difficulty in s wallowing. This pr oduct is not int ended for pregnant or n ursing
mothers or childr en under the age of 1 8. Do not use this pr oduct if you
have abdominal pain, diarrhea or loose st ools. Do not use this pr oduct for
more than one w eek nor excee r ecommended dail y dose . R ectal
bleeding and / or f ailure to have a bo wel movement after the use of a
laxative formula ma y be an indication of a mor e ser ious condition. Should
this occur, or if you have a kno wn medical condition and ar e taking
medication, consult y our physician pr ior to taking this or an y dietary
supplement. This pr oduct is man ufactured and pac kaged in a f acility which
may also pr ocess milk, so y, wheat, egg , pean uts, tree n uts, fish and
crustacean shellf ish.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

These st atements ha ve not been e valuated by the F ood and Dr ug
Administration. This pr oduct is not int ended to diagnose , treat,
cure, or pr event an y disease .



V9-15

PORTIONS  MASTER

Skinny Restore



DAY CLEANSE

- *Supports Digestive Health*
- *Superior Detox*

Dietary Supplement • 21 Packets



Supplement Facts

Ser ving Siz e: 1 P acket (10 capsules / 2 sof t gels)
Ser vings P er C ontainer: 21

Amount Per Serving	%Daily Value
Vitamin C (ascorbic acid)	60mg 100%
Ps yllium Husks Powder (hulls)	4350 mg *
Organic Flaxseed Oil	2000 mg *
Blac k Walnut Hulls Powder	750 mg *
Cape Aloe Leaf Powder (Aloe ferox)	500 mg *
Cascar a Sagrada (4:1 extract / powder)(bar k)	600 mg *
Senna Leaf Powder	100 mg *
Fenugreek Seed Extract	100 mg *
Fennel Seed Powder	100 mg *
Gar lic Bulb Extract	50 mg *
Red Clover Flower (4:1 extract)	50 mg *
Cayenne Pepper Powder (40,000 HU/G) (fruit)	40 mg *
Blac k Cohosh Root Extract (2.5% Triterpene)	20 mg *
Sage Lea ves Powder	10 mg *
Goldenseal Root (3:1 extract)	10 mg *
Organic Gum Acacia (Arabic)	10 mg *

*Daily Value not established.

Other ingredients: Gelatin (bovine), microcrystalline cellulose , rice
flour, vegetable magnesium stearate, silicon dioxide, purified water and
caramel color.

ALLERGEN WARNING: CONTAINS TREE NUTS (BLACK
WALNUT).

Distributed By:
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Made In
the U.S.A.

