

SUGGESTED USE: FOR OCCASIONAL USE ONLY: 1 pac ket taken at bedtime with 8 ounces of water or as directed by a healthcare professional.

SHORT-TERM CLEANSING PROGRAM: 1 pac ket with 8 ounces of water 3 times daily for up to 7 days or as directed by a healthcare professional. For best results, take 1 pac ket mid-morning, 1 pac ket mid-afternoon and 1 pac ket at bedtime. Do not repeat cleansing program for at least 6 to 8 weeks. This product should be taken in conjunction with a sensible diet high in fresh fruit and vegetables and 6 ounces of water eight times daily.

CAUTION: Do not exceed recommended dose. Read and follow directions carefully. This product contains cape aloe (Aloe ferox), cascar sagrada, and senna leaves. This product should be consumed with at least a full glass of liquid. Consuming this product without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing. This product is not intended for pregnant or nursing mothers or children under the age of 18. Do not use this product if you have abdominal pain, diarrhea or loose stools. Do not use this product for more than one week nor exceed the recommended daily dose. Rectal bleeding and / or failure to have a bowel movement after the use of a laxative formula may be an indication of a more serious condition. Should this occur, or if you have a known medical condition and are taking medication, consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF REACH OF CHILDREN.  
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.  
STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



V9-15

PORTIONS MASTER

# Skinny Restore



## 7 DAY CLEANSE

- Supports Digestive Health
- Superior Detox

Dietary Supplement • 21 Packets



## Supplement Facts

Serving Size: 1 Packet (10 capsules / 2 softgels)  
Servings Per Container: 21

Amount Per Serving	%Daily Value
Vitamin C (ascorbic acid)	60mg 100%
Psyllium Husks Powder (hulls)	4350 mg *
Organic Flaxseed Oil	2000 mg *
Black Walnut Hulls Powder	750 mg *
Cape Aloe Leaf Powder (Aloe ferox)	500 mg *
Cascar a Sagrada (4:1 extract / powder)(bar k)	600 mg *
Senna Leaf Powder	100 mg *
Fenugreek Seed Extract	100 mg *
Fennel Seed Powder	100 mg *
Garlic Bulb Extract	50 mg *
Red Clover Flower (4:1 extract)	50 mg *
Cayenne Pepper Powder (40,000 HU/G) (fruit)	40 mg *
Black Cohosh Root Extract (2.5% Triterpene)	20 mg *
Sage Leaves Powder	10 mg *
Goldenseal Root (3:1 extract)	10 mg *
Organic Gum Acacia (Arabic)	10 mg *

\*Daily Value not established.

Other ingredients: Gelatin (bovine), microcrystalline cellulose, rice flour, vegetable magnesium stearate, silicon dioxide, purified water and caramel color.

ALLERGEN WARNING: CONTAINS TREE NUTS (BLACK WALNUT).

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Made In  
the U.S.A.

